

# P4D NEWSLETTER



## New Beginnings

### *P4D's First Year*

Pillars 4 Dignity was founded and fueled by the collective need and passion to empower women and girls from underrepresented and underserved communities who would not easily have access to basic training, education and resources. This includes women from minority and low socio-economic backgrounds, homeless women, women who have been recently separated or divorced and with limited financial means and education, female veterans lacking adequate training and education opportunities, and any women who are underrepresented and unable to access the tools they need to live an independent life with dignity.

As we close out the year, we have much to be thankful for and acknowledge. We are so grateful to our generous sponsors, donors, advisors, and volunteers for providing support and funding for our programs in our first year. We received our 501(c)(3) status, completed a draft of our strategic plan, and continue to build out our programs. We've also been fortunate to have connected and collaborated with so many wonderful community partners, like-minded individuals and organizations that support P4D's mission and vision.

Stay tuned for more updates in 2022 and we wish you a joyous and restful holiday season!



## Community Collaborations

### *It takes a village*

P4D partners with existing community organizations with missions that align with ours. Instead of working in silos, P4D collaborates with other effective nonprofits to identify as well as work with qualified women social entrepreneurs. When like-minded organizations and individuals supporting critical missions such as empowerment of women come together, dreams and goals become easier to achieve. P4D is humbled and grateful to collaborate with the following community partners in 2021 –

#### Rainbow Place Women's Shelter

Provide homeless women emergency overnight shelter during the hypothermia season and assist them as they transition to a better quality of life.

#### Generation Hope

Provide tuition assistance, mentorship and resources to young mothers to help them continue their education and earn their degrees.

#### Empowered Women International, a program of the Latino Economic Development Center

Provide mentorship and resources to women entrepreneurs.

#### National Academy of Engineering (NAE):

Provide scholarship incentive and education to minority girls in STEM.

#### Beacon House

Provide low-income mothers and their children with a safe and nurturing community in which to increase their academic achievement through training and education opportunities.

#### San Diego International Film Festival

Participate and sponsor major event highlighting women veterans.

#### UT Austin Naval ROTC

Sponsor three young women as part of a scholarship incentive.

#### Saydam Properties Group

Plan and participate in women focused dignity panel and fundraising events.



# Community Collaborations (Continued..)

## National Academy of Engineering (NAE)

Plan and host podcasts focused on women empowerment, dignity and peace.

## Up 2 Us Foundation

Contribute and volunteer at regular food distributions to low-income women and their families across Montgomery County.

## La Maestra

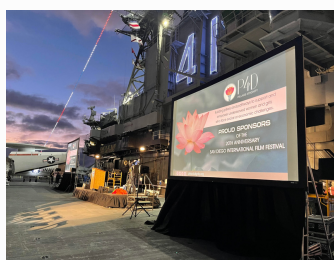
Provide warm clothing and blankets to migrants and refugees.

## Our Monthly Podcast Series | #WWW



## San Diego Midway Program

San Diego Intl Film Festival and the Midway Reception & Film celebrating the men and women of the military



## Digital Conferences

CSW65 - Parallel Event - March 23rd, 2021



## Meditation

A 6-week meditation Course to support Women of Service



## Wisdom & Wine | Making HERstory

A fund raising event



Food Distribution  
Warm Clothing and Blankets  
Back Pack Distribution



Like-minded individuals and organizations coming together for good.

Happy New Year 2022 ! Wishing you all a year of restoration, joy, peace, dignity , love , light , justice , wisdom, unity and abundance.

Upcoming in 2022

- P4D looks forward to several exciting initiatives in 2022 –
- Self “ESTEAM” Scholarship: The focus of the Self “ESTEAM” scholarship is for young girls interested in pursuing an education and career in science, technology, engineering, arts, or math.
  - Dignity Coaching Toolkit: Developing a Dignity coaching toolkit which will be shared with women at domestic violence shelters, homeless shelters, and health care facilities. This “one-stop shop” toolkit includes fundamentals of financial literacy and health literacy.

We look forward to continuing our collaborations in 2022 and empowering more women and girls.

